



Alexandria City Academy

Session 6

October 17, 2013



Health Department

Stephen Haering, M.D., M.P.H., Health Director

Public Health in Alexandria

A Presentation to the Alexandria City Academy

Stephen A. Haering, MD, MPH, FACPM
Health Director
Alexandria Health Department

October 17, 2013



Overview

- Public Health
- Public Health
 - Virginia
 - Alexandria
- Partnership for a Healthier Alexandria
- Next...?



What Is Public Health?



“Health”

Health is a state of complete physical, mental and social well-being and not merely the absence of disease or infirmity

Preamble to the Constitution of the
World Health Organization
7 April 1948



“Public Health”

The science and art of preventing disease, prolonging life, and promoting health and well-being through organized community effort

- C.E.A. Winslow, 1920
- The Acheson Report, 1988



10 Great Public Health Achievements of the 20th Century

- Vaccination
- Motor vehicle safety
- Safer workplaces
- Control of infectious diseases
- Decline in deaths from coronary heart disease and stroke
- Safer and healthier foods
- Healthier mothers and babies
- Family planning
- Fluoridation of drinking water
- Recognition of tobacco as a health hazard

“Ten Great Public Health Achievements, US, 1900-1999,” MMWR 12/24/99.



Greatest Public Health Challenges

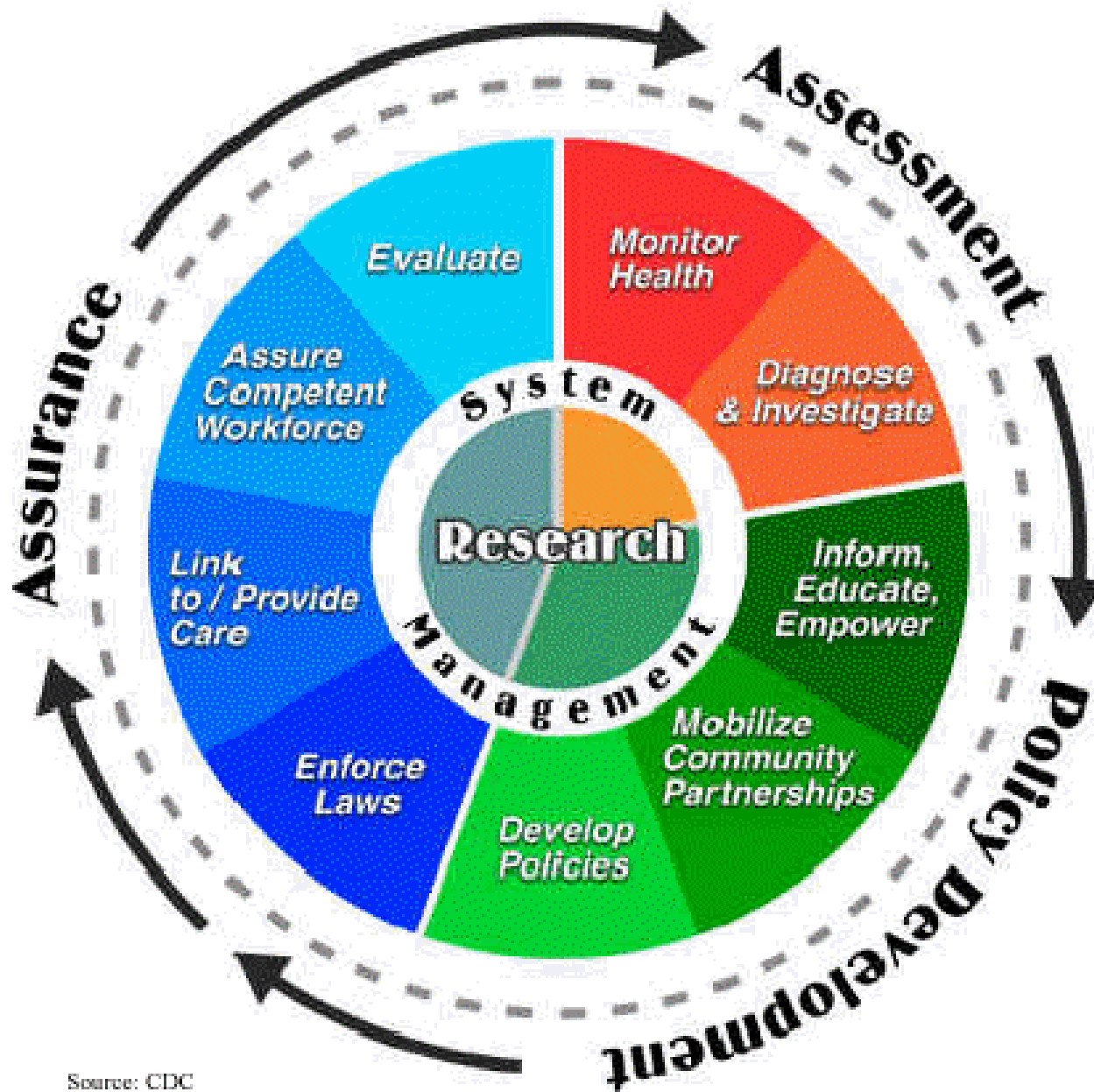
- Tobacco Use
- Obesity
- Physical Inactivity
- Mental Health
- Early Childhood Development
- Aging Population
- Health Inequities
- Globalization
- Urbanization
- Economic Conditions
- Social Exclusion
- Fragmented Healthcare Sector



Public Health IS:

- About protecting and promoting health and well-being of POPULATIONS
- A primary responsibility of government at all levels, but with partnerships with communities and the private sector
- Assessment, Policy Development, Assurance
- Everyone's concern
- For rich and poor and everyone in between





Source: CDC





Alexandria Health Department



Alexandria Health Department

■ Vision

Healthy People, Healthier Communities

■ Mission

*To Protect and Promote Health and
Well-Being in Our Communities*

■ Values

*Working Together
Improving Continuously
Making a Difference*



AHD – Service Components

- Vital Records
- Child Health
- Dental Clinic
- Family Planning
- Immunizations
- Nutrition / WIC
- Prenatal Care
- Case Management
- Teen Wellness Center
- Public Health Emergency Management
- Environmental Health Services
- Epidemiology and Communicable Diseases
- Community Partnerships

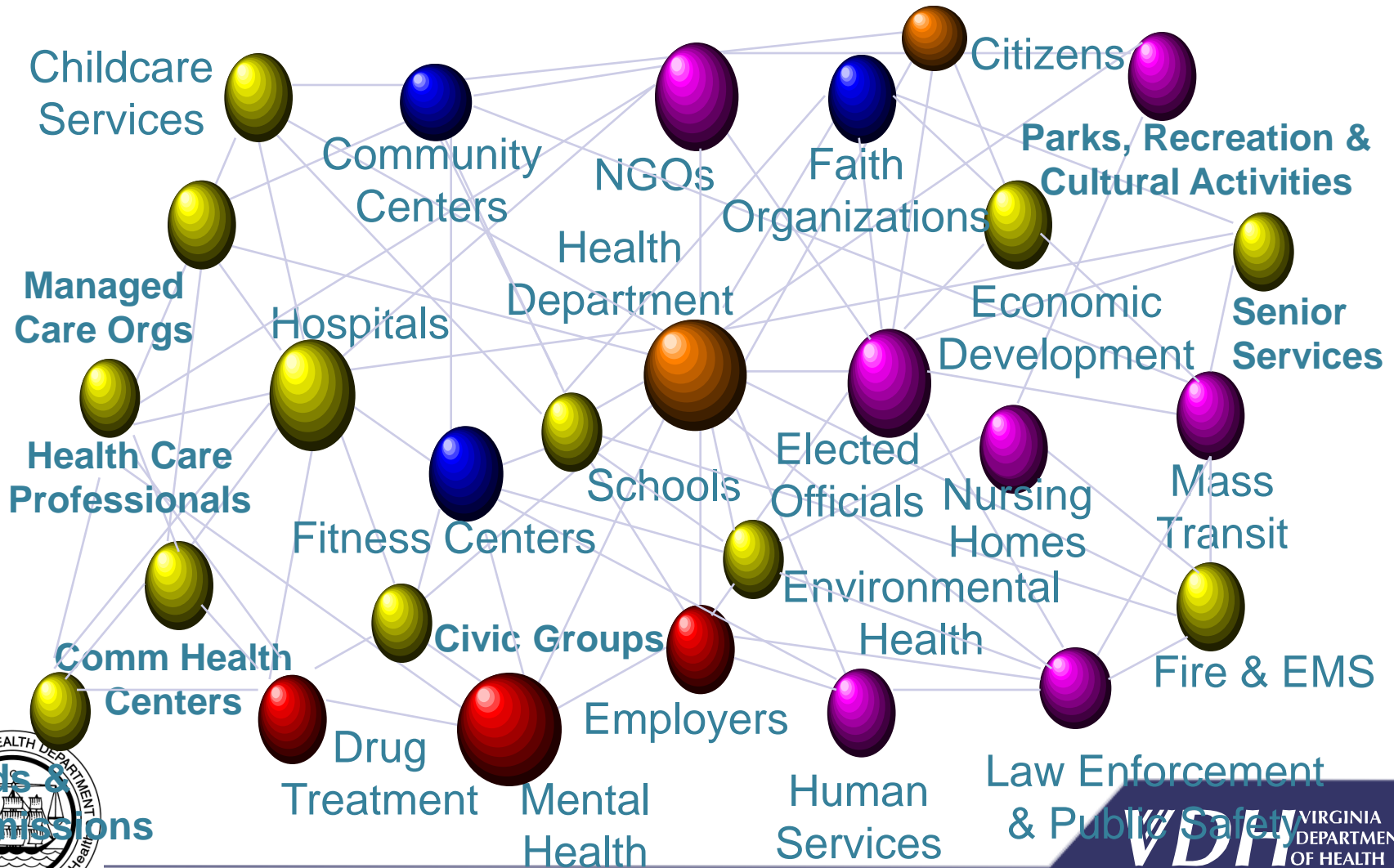


Public Health Emergency Management

- Ensure readiness for all public health emergencies
- Medical Reserve Corps
 - <http://alexandriava.gov/medicalreserve>
 - Paula Rosca, Coordinator
 - paula.rosca@vdh.virginia.gov
 - 703-746-4978



Community Partnerships



PARTNERSHIP FOR A *Healthier Alexandria*



The Partnership's Priority Issues

► Work Groups



- **Childhood Obesity Action Network**
- **Mental Health Anti-Stigma HOPE Campaign**
- **Substance Abuse Prevention Coalition**
- **Coalition for Clean & Smoke Free Air**





- <http://healthieralexandria.org/>
- [Position Currently Open]
 - [position open]
 - 703-746-4914



What is Public Health?

Childcare
Services

Citizens

Parks, Recreation &
Cultural Activities

Economic
Development Senior
Services

Mass
Transit

Fire & EMS

Enforcement
Public Safety

Managed
Care Orgs

Health Care
Professionals

Community
Boards &
Commissions



Questions?

Health Department

4480 King St.

Alexandria, VA 22302

703.746.4996

www.alexandriava.gov/Health





Department of Community & Human Services

Michael Gilmore, Director

Providing social services and public benefits assistance;
mental health, intellectual disability and substance abuse services;
and supporting initiatives for women.



Vision & Mission

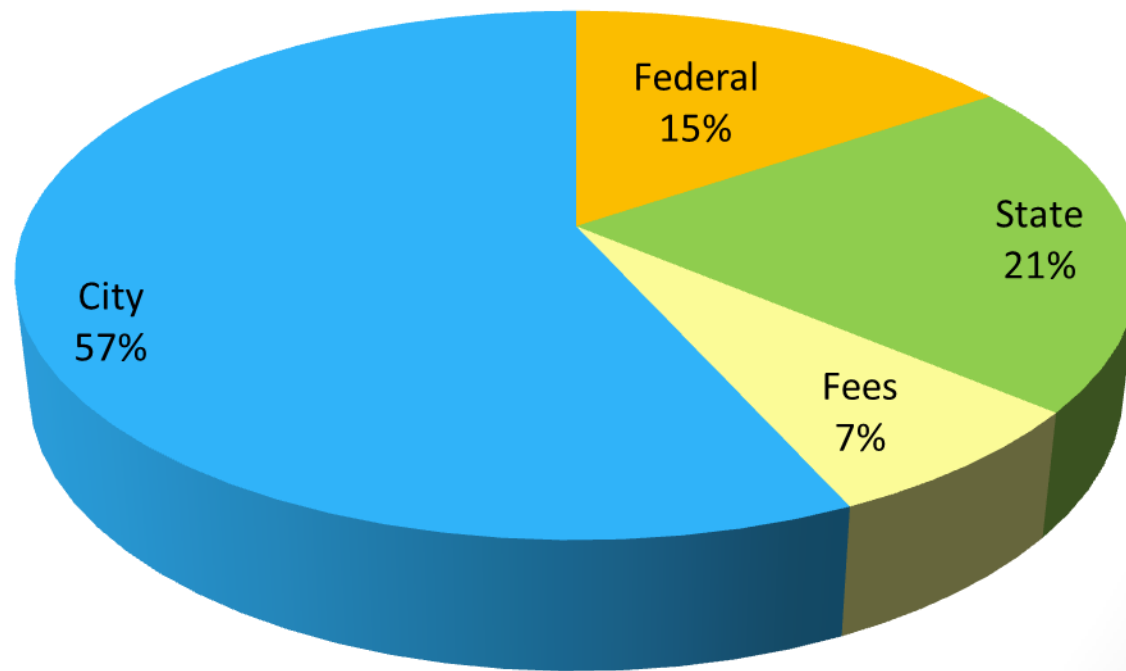
The Department of Community and Human Services envisions a community in which residents enjoy a sense of well-being, safety and self-sufficiency.

We strive to provide effective and essential safety net services that measurably improve or maintain the quality of life for Alexandrians.

Where We Are

- More than 600 employees
- Three direct care service centers:
Center for Children and Families,
Center for Adult Services, Center for
Economic Support
- Seven primary locations
- Staff in schools, recreation centers, adult
and juvenile detention centers, shelters
and in residential programs located
throughout the City

Budget of \$90 Million: Funding Sources





Boards, Commissions and Committees Affiliated with DCHS

- Alexandria Community Policy Management Team
- Alexandria Community Services Board
- Children, Youth and Families Collaborative Commission
- Commission on Aging
- Commission on Employment
- Commission for Women
- Economic Opportunities Commission
- Friends of the Alexandria Mental Health Center
- Local Human Rights Committee
- Social Services Advisory Board
- Workforce Investment Board

Center for Adult Services



Center for Adult Services

- **Clinical & Emergency Services**
 - Emergency Mental Health Services
 - Mental Health and Substance Abuse Outpatient Services
 - Opioid Treatment Program
 - Detox Services
- Behavioral Health & Criminal Justice Collaboration (CIT)

Center for Adult Services

- **Community Support Services**
 - Residential Services
 - Day Support
 - Case Management
 - Homeless Outreach
 - Discharge Planning

Center for Adult Services

- **Aging and Adult Services**
 - Adult Protective Services
 - Older Adult Clinical Services
 - Adult Day Health Care
 - Senior Centers
- Services include: Transportation, Nutrition, Recreation, Housing, Financial Assistance, In-Home Services, Caregiver Resources, Long Term Care

Center for Children and Families



Center for Children & Families

- **Behavioral Health for Children & Families**
 - Youth & Family Services
 - Community Wraparound Team
 - Family Partners Program
 - Juvenile Detention Center
Mental Health & Substance Abuse
Program
 - Child Assessment & Treatment Center
for Health

Center for Children & Families

- **Child Welfare and Child Protective Services**

- Abuse and Neglect
- Foster Care and Adoption
- ChildThrive!

- **Domestic Violence and Sexual Assault Division**

- Domestic Violence Program
- Sexual Assault Center
- LGBTQ and Stalking Services

Center for Children & Families

- **Early Childhood**

- Child Care
- Parent Infant Education Program
- Preschool Prevention Program

- **Youth Development**

- Office of Youth Services
- School-Age Youth Development Programs
- Substance Abuse Prevention Coalition of Alexandria
- Alexandria Campaign on Adolescent Pregnancy

Center for Economic Support



Center for Economic Support

- **Benefit Programs**

- Supplemental Nutrition Assistance Program
- FAMIS
- TANF
- Medicaid
- Refugee Assistance
- Auxiliary Grant Program

Center for Economic Support

- **JobLink**

- Alexandria Works! (VIEW for welfare recipients and SNAPET for food stamp recipients)
- Office of Employment Training
 - Resource Center
 - General Public Program
 - Adult Employment Training
 - Dislocated Workers Program
 - Virginia Refugee Resettlement Program
 - Youth Employment Program
 - IT Careers for Veteran's Initiative
 - Hospitality Training
 - Experienced Worker Program (Age 55+)

Center for Economic Support

- **Office of Community Services**

- Homeless Prevention Services – financial and household stabilization services
- Safety Net Services – rent, utility, prescription and burial assistance; referrals
- Case Management
- Homeless Services – crisis child care, eviction storage services, shelter contract management



In Crisis?

Call us 24 hours a day:

**Emergency Mental Health
Services**

703.746.3401

**Detox/Substance Abuse
Services**

703.746.3636

Sexual Assault

703.683.7273

Domestic Violence

703.746.4911

Child Protective Services

703.746.5800

or State of Virginia

1.800.552.7096

Adult Protective Services

703.746.5778



Resources

- Visit us at alexandriava.gov/DCHS
- See the service chart to learn more about our programs
- Register for Mental Health First Aid Training
- To find out about volunteer opportunities, visit alexandriava.gov/Volunteer
- To apply online for benefits, visit alexandriava.gov/CommonHelp
- DCHS Customer Call Center: 703.746.5700



Thank You!

Adult Services Director
Carol.Layer@alexandriava.gov

Center for Children and Families Director
Deborah.Warren@alexandriava.gov

Center for Economic Support Director
Dennis.McKinney@alexandriava.gov

Deputy Department Director
Suzanne.Chis@alexandriava.gov

Department Director
Mike.Gilmore@alexandriava.gov

**Thank you for your interest in the
Department of Community and Human Services.**



Questions?

Department of Community & Human Services

720 N. Saint Asaph St.
Alexandria, VA 22314
703.746.3400

www.alexandriava.gov/DCHS